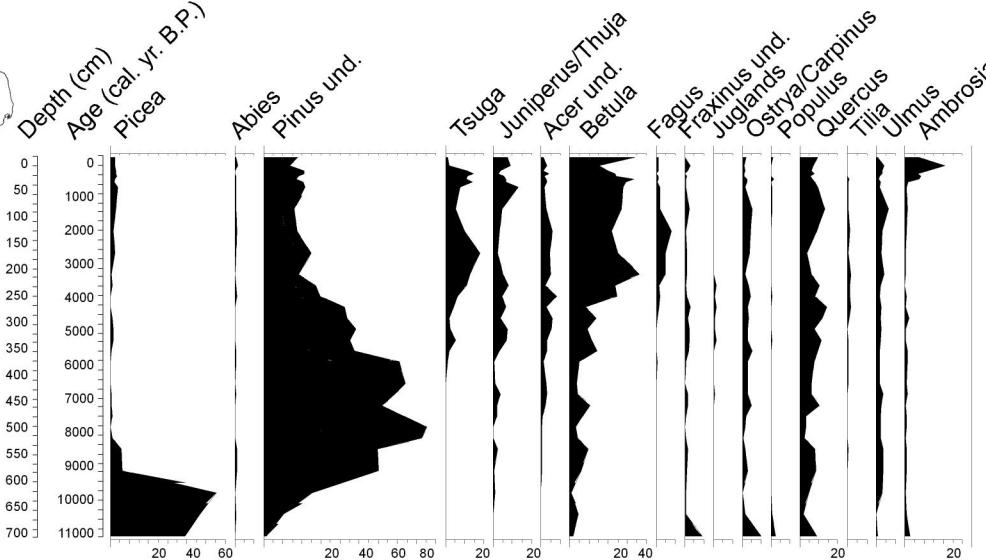Kitchner Lake Pollen Diagram